



**Summer Intensive Daily Schedule – Week 1**  
**Marymount Manhattan College**  
**221 E. 71<sup>st</sup> Street**  
**New York, NY 10021**

**\*\*Photo ID required upon check-in daily\*\***

<b>Monday June 11<sup>th</sup></b>		
<b>Time</b>	<b>WELCOME – Room 457</b>	
<b>9:30am – 10:00am</b>	<b>ORIENTATION (ALL)</b>	
<b>10:00am – 11:30am</b>	<b>Room 457</b>	<b>Room 459</b>
	Ballet Technique <b>(BLUE/GREEN)</b>	Ballet Technique <b>(RED/YELLOW)</b>
<b>11:30am – 12:30pm</b>	Pointe <b>(BLUE/YELLOW)</b>	Contemporary <b>(RED/GREEN)</b>
<b>12:30pm – 12:45pm</b>	LUNCH	LUNCH
<b>12:45pm – 1:30pm</b>	LUNCH	
<b>1:30pm – 2:45pm</b>	Ballet Repertory <b>(BLUE/GREEN/YELLOW)</b>	Contemporary Repertory <b>(RED)</b>
<b>2:45pm- 3:30pm</b>	Pilates (ALL)	
<b>3:30pm</b>	Dismissal <b>(ALL)</b>	

## Tuesday June 12<sup>th</sup>

Time	Room 457 & Room 459	
9:30am – 10:00am	(Studio Open for Stretching)	
10:00am – 11:30am	<b>Room 457</b>	<b>Room 459</b>
	Ballet Technique <b>(BLUE/YELLOW)</b>	Modern <b>(RED/GREEN)</b>
11:30am – 12:30pm	Pointe <b>(BLUE/YELLOW)</b>	Ballet Technique <b>(RED/GREEN)</b>
12:30pm – 12:45pm	LUNCH	
12:45pm – 1:15pm	LUNCH	
1:15pm – 2:30pm	Ballet Repertory <b>(BLUE/GREEN/YELLOW)</b>	Contemporary Repertory <b>(RED)</b>
2:30pm- 3:30pm	Contemporary Improvisation (ALL)	
3:30pm	Dismissal <b>(ALL)</b>	

## Wednesday June 13<sup>th</sup>

Time	Room 457 & Room 459	
9:30am – 10:00am	(Studio Open for Stretching)	
10:00am – 11:30am	<b>Room 457</b>	<b>Room 459</b>
	Ballet Technique <b>(BLUE/GREEN)</b>	Ballet Technique <b>(RED/YELLOW)</b>
11:30am – 12:30pm	Pointe <b>(BLUE/YELLOW)</b>	Contemporary Repertory <b>(RED/GREEN)</b>
12:30pm – 12:45pm	LUNCH	
12:45pm – 1:30pm	LUNCH	
1:30pm – 2:30pm	Dance History (ALL) <b>Room 457</b>	
2:30pm- 3:30pm	Gyrotonic (ALL) <b>Room 457</b>	
3:30pm	Dismissal <b>(ALL)</b>	

# Thursday June 14<sup>th</sup>

Time	Room 457 & Room 459	
9:30am – 10:00am	(Studio Open for Stretching)	
10:00am – 11:30am	<b>Room 457</b>	<b>Room 459</b>
	Ballet Technique <b>(BLUE/YELLOW)</b>	Modern <b>(RED/GREEN)</b>
11:30am – 12:30pm	Pointe <b>(BLUE/YELLOW)</b>	Ballet Technique <b>(RED/GREEN)</b>
12:30pm – 12:45pm	LUNCH	
12:45pm – 1:15pm	LUNCH	
1:15pm – 2:30pm	Ballet Repertory <b>(BLUE/GREEN/YELLOW)</b>	Contemporary Repertory <b>(RED)</b>
2:30pm- 3:30pm	Contemporary Improvisation (ALL) <b>Room 457</b>	
3:30pm	Dismissal <b>(ALL)</b>	

# Friday June 15<sup>th</sup>

Time	Room 457 & Room 459	
9:30am – 10:00am	(Studio Open for Stretching)	
10:00am – 11:30am	<b>Room 457</b>	<b>Room 459</b>
	Ballet Technique <b>(BLUE/GREEN)</b>	Ballet Technique <b>(RED/YELLOW)</b>
11:30am – 12:30pm	Pointe <b>(BLUE/YELLOW)</b>	Contemporary Repertory <b>(RED/GREEN)</b>
12:30pm – 12:45pm	LUNCH	
12:45pm – 1:15pm	LUNCH	
1:15pm – 2:30pm	Ballet Repertory <b>(BLUE/GREEN/YELLOW)</b>	Modern <b>(RED)</b>
2:30pm- 3:30pm	Contemporary (ALL) <b>Room 457</b>	
3:30pm	Dismissal <b>(ALL)</b>	